

Eight Dimensions of Learning Power

The eight dimensions of learning power are listed below. Each one is defined using a first person statement to reinforce the principle that you are the best person to know your own strength in each of them.

Mindful Agency

I take responsibility for my own learning. I define my purpose, understand and manage my feelings, know how I learn and plan learning carefully.

Optimism and Hope

I am optimistic, hopeful and confident that I will learn and achieve over time. I have a growth mindset; I believe I can generate the knowledge I need for what I want to achieve.

Sense Making

I make connections between what I already know and new information and experience. I connect what I'm learning with my purpose and the performance I want to achieve.

Belonging

I am part of a learning community at work, at home, in education and in my social networks. I know I have social resources to draw upon when I need them.

Creativity

I use my intuition and imagination to generate new ideas and knowledge. I take risks and play with ideas and things to arrive at new solutions.

Collaboration

I am able to work with others, collaborate and co-generate new ideas and things. I am able to listen and contribute productively to a team.

Curiosity

I want to get below the surface and find out more. I am always curious, wondering and asking, 'why?' and 'how?'

Openness to Learning

I am open, willing and ready to learn. I am flexible in my self-belief, willing to persist and ready manage any self-doubt. Openness to Learning is a necessary pre-requisite for using and improving all the learning power dimensions.